

## st-5<sup>TM</sup> WITH MIGRASTEM<sup>TM</sup>

NEW FORMULA  
NOW EVEN BETTER!



- ✔ Less Than 1 Gram of Sugar
- ✔ Unique Protein Blend
- ✔ 33% More Digestive Enzymes
- ✔ Low Fat (1 Gram)
- ✔ Creamy, Smooth, and Great Taste!

### A multi-faceted dietary supplement that does what other supplements cannot

ST-5<sup>TM</sup> with MigraStem<sup>TM</sup> quickly and conveniently provides the daily balanced nutrition you need to maximize the use of your body's own stem cells and create a "feel good" sense of vitality and stamina. This advanced nutritional multi-supplement addresses health at the cellular level— feeding your cells what it needs so your body can function at its best.

ST-5 with MigraStem contains 5 specialized blends including the exclusive MigraStem. Loaded with 15 grams of plant-based protein, 10 grams of prebiotic fiber, ST-5 with MigraStem also provides 20 vitamins and minerals, antioxidants, prebiotic fiber, exotic superfoods and digestive enzymes— all in one scoop. A delicious nutrient boost to your favorite healthy beverage, ST-5 with MigraStem provides everything your body needs to thrive.

### MigraStem Power

ST-5 with MigraStem is the only nutritional supplement available that contains the patent-pending MigraStem blend. MigraStem is a powerful, proprietary blend of natural ingredients that has been documented to assist the body's natural renewal process by encouraging your body's own stem cells to migrate — following their release and circulation — into tissues.<sup>†</sup> Once in the tissues, your stem cells reproduce and become new healthy cells of that tissue. Working in-tandem with Stemtech's se3<sup>™</sup> and StemFlo<sup>®</sup>, ST-5 with MigraStem further supports the migration of your body's own stem cells into tissues and organs in need in need of renewal.<sup>†</sup> This trio orchestrates a greater level of stem cell nutrition by supporting your daily renewal process.

### Key Benefits

- ✔ Optimizes the Migration of your body's own stem cells<sup>†</sup>
- ✔ Source of dietary fiber - 10g
- ✔ Supports healthy digestion with prebiotic fiber and digestive enzymes<sup>†</sup>
- ✔ Source of protein - 15g
- ✔ Source of your daily vitamins and minerals

ST-5 WITH MIGRASTEM'S FAB 5	BENEFITS
1. MigraStem <sup>™</sup> Whole Food Antioxidants	Patent-pending MigraStem maximizes the use of your body's own stem cells. <sup>†</sup> It contains potent whole food antioxidants, including goji fruit extract, organic fucoidan, organic reishi mushrooms, maca, and fractionated colostrum— touting a host of health benefits widely known by Chinese herbalists.
2. Triple Source Plant-Based Protein	Triple source plant-based protein is 100% vegetarian and made with a combination of raw sprouted brown rice, pea and potato protein which provides 15 grams of high quality and digestible protein and 35% of the daily recommended intake making it an excellent source of protein. Plus, it delivers a complete amino acid profile, helps with appetite suppression, and is easy to digest. <sup>†</sup> Gluten free and Non GMO.
3. Full Spectrum of Vitamins and Minerals	Contains 20 essential vitamins and minerals, providing 100% Daily Value of 14 key nutrients. Great liquid alternative to taking a multivitamin in pill form.
4. Prebiotic Fiber	Provides an excellent source of dietary fiber (10g), with 6.1 grams of soluble fiber. ST-5 with MigraStem's prebiotic fiber and prebiotic blend supports a feeling of fullness, intestinal health, and immune health. <sup>†</sup>
5. Digestive Enzymes	A full spectrum of active, plant and microbial-sourced enzymes to help break down fats, carbohydrates and protein, aiding nutrient absorption.

It's not only what ST-5 with MigraStem contains, it's also about what it doesn't contain: No fillers, artificial flavors, gluten, soy, or genetically modified organisms.

## INGREDIENTS / LABEL

ST-5™ with MigraStem™ feeds every cell with premium nutrition so your body can run at its best. With 5 specialized blends that provide stem cell nutrition and essential nutrients, ST-5 with MigraStem helps stimulate the migration of your body's own stem cells into tissues in need of renewal to help support whole body wellness. ST-5 with MigraStem is a multi-vitamin/mineral and workout supplement that is a source of protein, fiber, antioxidants, digestive enzymes, and fungal polysaccharides all in one delicious and nutritious scoop.

ST-5™ avec MigraStem™ alimente chaque cellule afin que votre corps puisse fonctionner à son meilleur. Avec 5 mélanges spécialisés qui fournissent une bonne nutrition cellulaire et les nutriments essentiels, ST-5 avec MigraStem aide à stimuler la migration des cellules souches de votre corps dans les tissus qui ont besoin de renouvellement pour aider à soutenir l'ensemble du bien-être du corps. ST-5 avec MigraStem est un complément de multi-vitamines, de minéraux et qui est une source de protéines, de fibres, d'antioxydants, enzymes digestives, et polysaccharides fongiques tout en un délicieux et nutritif scoop.

**RISK INFORMATION:** Consult a health care practitioner if symptoms persist or worsen, and prior to use if you have been instructed to follow a low protein diet or have a history of cancer, have diabetes, liver or kidney disease, gastrointestinal intolerance, or an immune system disorder, are taking anti-inflammatory, anti-coagulant/blood thinning, or anti-hypertensive medications/therapy, antibiotics, immunosuppressant, or any prescription medication. Do not take if you are pregnant or nursing, prior to surgery, if you have a known allergy to cow's milk. May cause temporary gas and/or bloating. Hypersensitivity/allergy, and nausea, vomiting, and diarrhea have been known to occur, in which case discontinue use.

Do not purchase this product if seal is broken or missing. Store in a cool, dry place in original container.  
**INFORMATION SUR LES RISQUES:** Consulter un praticien de soins de santé si les symptômes persistent ou empirent, si vous suivez un régime alimentaire faible en protéines ou avez des antécédents de cancer, diabète, maladie hépatique ou rénale, gastro-intestinale intolérance / ulcère, ou un système immunitaire de désordre, prenez anti-inflammatoires, anti-coagulant / amincissement de sang, ou anti-hypertenseurs médicaments / traitement, les antibiotiques, les immunosuppresseurs, ou des médicaments chroniques. Ne prenez pas si vous êtes enceinte ou allaitez, avant un intervention chirurgicale si vous avez une allergie connue au lait de vache. Peut provoquer des gaz et / ou des ballonnements. Hypersensibilité / allergie, et des nausées, des vomissements et de la diarrhée ont été connus pour se produire, dans lequel cas cesser l'utilisation.  
 Ne pas acheter ce produit si le scellé est brisé ou manquant. Doit être conservé dans un endroit frais et dans son contenant original.

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**Supercharge Your Smoothie**  
 Boostez votre smoothie

**Stimulates Stem Cell Migration to Support Whole Body Wellness**

**Stimule la migration des cellules dotant un appui au corps entier, un sentiment de bien-être**

**Creamy Vanilla**  
 Vanille Crèmeuse

**Gluten Free / Soy Free / Non GMO**  
 Sans gluten / Sans Soja / Sans OGM



MULTI-VITAMIN/MINERAL AND WORKOUT SUPPLEMENT / NUTRIENTS ESSENTIELS ET D'ENTRAÎNEMENT / Flavo Amino (100 g)  
 Non-GMO/Non OGM

**Suggested Usage:** For adults only. Add 1 level scoop (45.7 g) daily with 250 ml of cold water or other healthy beverage. Mix well and enjoy. Best when consumed with 15 minutes of mixing. Be sure to drink plenty of water. Take with food if you experience stomach upset. Take 2 hours before or after taking other medications or natural health products since their absorption may be affected. For pregnant use, consult a health care practitioner.  
**Utilisation Suggérée:** Pour les adultes seulement. Ajouter 1 mesure scoop (45.7 g) avec 250ml d'eau ou une autre boisson saine. Mélanger soigneusement et consommer dans les 15 minutes suivant le mélange. Assurez-vous de bien hydrater de l'eau. Prenez avec de la nourriture si vous ressentez des maux d'estomac. Prenez 2 heures avant ou après la prise d'autres médicaments ou produits de santé naturels depuis que leur absorption peut être affectée. Pour une utilisation pré-génée, consultez un praticien de soins de santé.

### Medicinal Ingredients:

Per Scoop	Per Scoop (Canadian) / Per Scoop (US)
Water	150.00 mg
Vitamin C (Ascorbic Acid)	100.00 mg
Vitamin E (Tocopherol)	10.00 mg
Vitamin B1 (Thiamine)	1.00 mg
Vitamin B2 (Riboflavin)	1.00 mg
Vitamin B3 (Niacin)	10.00 mg
Vitamin B5 (Pantoic Acid)	10.00 mg
Vitamin B6 (Pyridoxine)	1.00 mg
Vitamin B12 (Cyanocobalamin)	1.00 mcg
Vitamin K (Phylloquinone)	10.00 mcg
Vitamin D3 (Cholecalciferol)	10.00 IU
Vitamin A (Retinol)	10.00 IU
Vitamin B9 (Folate)	10.00 mcg
Vitamin B7 (Biotin)	10.00 mcg
Vitamin B10 (Decanoic Acid)	10.00 mg
Vitamin B11 (Undecanoic Acid)	10.00 mg
Vitamin B12 (Cyanocobalamin)	1.00 mcg
Vitamin B13 (Tridecanoic Acid)	10.00 mg
Vitamin B14 (Pentadecanoic Acid)	10.00 mg
Vitamin B15 (Heptadecanoic Acid)	10.00 mg
Vitamin B16 (Nervonic Acid)	10.00 mg
Vitamin B17 (Sialic Acid)	10.00 mg
Vitamin B18 (Stearic Acid)	10.00 mg
Vitamin B19 (Arachidonic Acid)	10.00 mg
Vitamin B20 (Linolenic Acid)	10.00 mg
Vitamin B21 (Gadoleic Acid)	10.00 mg
Vitamin B22 (Eicosenoic Acid)	10.00 mg
Vitamin B23 (Behenic Acid)	10.00 mg
Vitamin B24 (Lignoceric Acid)	10.00 mg
Vitamin B25 (Myristic Acid)	10.00 mg
Vitamin B26 (Palmitic Acid)	10.00 mg
Vitamin B27 (Stearic Acid)	10.00 mg
Vitamin B28 (Arachidonic Acid)	10.00 mg
Vitamin B29 (Linolenic Acid)	10.00 mg
Vitamin B30 (Gadoleic Acid)	10.00 mg
Vitamin B31 (Eicosenoic Acid)	10.00 mg
Vitamin B32 (Behenic Acid)	10.00 mg
Vitamin B33 (Lignoceric Acid)	10.00 mg
Vitamin B34 (Myristic Acid)	10.00 mg
Vitamin B35 (Palmitic Acid)	10.00 mg
Vitamin B36 (Stearic Acid)	10.00 mg
Vitamin B37 (Arachidonic Acid)	10.00 mg
Vitamin B38 (Linolenic Acid)	10.00 mg
Vitamin B39 (Gadoleic Acid)	10.00 mg
Vitamin B40 (Eicosenoic Acid)	10.00 mg
Vitamin B41 (Behenic Acid)	10.00 mg
Vitamin B42 (Lignoceric Acid)	10.00 mg
Vitamin B43 (Myristic Acid)	10.00 mg
Vitamin B44 (Palmitic Acid)	10.00 mg
Vitamin B45 (Stearic Acid)	10.00 mg
Vitamin B46 (Arachidonic Acid)	10.00 mg
Vitamin B47 (Linolenic Acid)	10.00 mg
Vitamin B48 (Gadoleic Acid)	10.00 mg
Vitamin B49 (Eicosenoic Acid)	10.00 mg
Vitamin B50 (Behenic Acid)	10.00 mg
Vitamin B51 (Lignoceric Acid)	10.00 mg
Vitamin B52 (Myristic Acid)	10.00 mg
Vitamin B53 (Palmitic Acid)	10.00 mg
Vitamin B54 (Stearic Acid)	10.00 mg
Vitamin B55 (Arachidonic Acid)	10.00 mg
Vitamin B56 (Linolenic Acid)	10.00 mg
Vitamin B57 (Gadoleic Acid)	10.00 mg
Vitamin B58 (Eicosenoic Acid)	10.00 mg
Vitamin B59 (Behenic Acid)	10.00 mg
Vitamin B60 (Lignoceric Acid)	10.00 mg
Vitamin B61 (Myristic Acid)	10.00 mg
Vitamin B62 (Palmitic Acid)	10.00 mg
Vitamin B63 (Stearic Acid)	10.00 mg
Vitamin B64 (Arachidonic Acid)	10.00 mg
Vitamin B65 (Linolenic Acid)	10.00 mg
Vitamin B66 (Gadoleic Acid)	10.00 mg
Vitamin B67 (Eicosenoic Acid)	10.00 mg
Vitamin B68 (Behenic Acid)	10.00 mg
Vitamin B69 (Lignoceric Acid)	10.00 mg
Vitamin B70 (Myristic Acid)	10.00 mg
Vitamin B71 (Palmitic Acid)	10.00 mg
Vitamin B72 (Stearic Acid)	10.00 mg
Vitamin B73 (Arachidonic Acid)	10.00 mg
Vitamin B74 (Linolenic Acid)	10.00 mg
Vitamin B75 (Gadoleic Acid)	10.00 mg
Vitamin B76 (Eicosenoic Acid)	10.00 mg
Vitamin B77 (Behenic Acid)	10.00 mg
Vitamin B78 (Lignoceric Acid)	10.00 mg
Vitamin B79 (Myristic Acid)	10.00 mg
Vitamin B80 (Palmitic Acid)	10.00 mg
Vitamin B81 (Stearic Acid)	10.00 mg
Vitamin B82 (Arachidonic Acid)	10.00 mg
Vitamin B83 (Linolenic Acid)	10.00 mg
Vitamin B84 (Gadoleic Acid)	10.00 mg
Vitamin B85 (Eicosenoic Acid)	10.00 mg
Vitamin B86 (Behenic Acid)	10.00 mg
Vitamin B87 (Lignoceric Acid)	10.00 mg
Vitamin B88 (Myristic Acid)	10.00 mg
Vitamin B89 (Palmitic Acid)	10.00 mg
Vitamin B90 (Stearic Acid)	10.00 mg
Vitamin B91 (Arachidonic Acid)	10.00 mg
Vitamin B92 (Linolenic Acid)	10.00 mg
Vitamin B93 (Gadoleic Acid)	10.00 mg
Vitamin B94 (Eicosenoic Acid)	10.00 mg
Vitamin B95 (Behenic Acid)	10.00 mg
Vitamin B96 (Lignoceric Acid)	10.00 mg
Vitamin B97 (Myristic Acid)	10.00 mg
Vitamin B98 (Palmitic Acid)	10.00 mg
Vitamin B99 (Stearic Acid)	10.00 mg
Vitamin B100 (Arachidonic Acid)	10.00 mg

Non-medical ingredients: vanilla flavor, honey powder, sunflower oil, monk fruit extract, inulin, silica.

Product of USA

## SUGGESTED USE:

Mix one level scoop of ST-5™ with MigraStem™ with your favorite healthy beverage. For simple and tasty recipes, visit Stemtech.com.

## MORE INFORMATION:

Tune in to weekly conference calls Mondays at 9:00 PM Eastern Time and Webinars on Wednesday at 9:00 PM Eastern Time. Watch your emails for topics and dates.

## FREQUENTLY ASKED QUESTIONS (FAQs)

### Can I use ST-5™ with MigraStem™ with SE3™, StemFlo® and StemSport®?

Yes. To obtain the maximum benefit, we suggest that StemFlo be taken one hour before or one to two hours after you take ST-5 with MigraStem due to the protein fiber in the mix. However, as ST-5 with MigraStem is consumed as a liquid, it does pass through the stomach into the intestine quickly, having little effect on the enzyme function in StemFlo.

### How do I use ST-5 with MigraStem?

Mix it in any fluid of your choice. Blend with ice or frozen fruit. See www.stemtech.com, under Products tab for recipe ideas.

### Can I make ST-5 with MigraStem into a hot drink?

You can make a warm beverage. Be sure not to mix your ST-5 with MigraStem into boiling liquid. Boiling liquid will destroy some of the nutrients. Simply heat your fluid and mix in ST-5 with MigraStem. If the fluid does boil, let it cool before mixing in the product.

For a comprehensive list of FAQs, go to: [http://www.stemtech.com/FAQ\\_sub.aspx](http://www.stemtech.com/FAQ_sub.aspx)

## POTENTIAL USERS

- Everyone! No matter your age or activity level, you can benefit from ST-5 with MigraStem.
- For people who want a complete multi vitamin/mineral supplement without having to buy multiple bottles.
- For anybody looking to even further optimize their daily renewal and repair system.†
- For all who want to supplement their protein source with a high quality, low fat and NO cholesterol plant-based protein.
- For all those desiring to assist in maintaining healthy body fat, muscle mass, and strength.†
- For athletes who want to supplement their diet with complete high-quality absorbable protein and valuable essential nutrients.

## FOR YOUR INFORMATION

- Gluten free with no artificial coloring, artificial flavors, artificial sweeteners, yeast or preservatives.
- ST-5 with MigraStem contains a high quality, all vegetable/plant-based protein blend that provides all nine of the essential amino acids. This formula is highly digestible, absorbable and doesn't contain soy.
- Store in a cool, dry location.
- If pregnant or nursing, consult with your healthcare practitioner.
- If one desires to consume the product in a weight loss program, then use the product responsibly. It is not recommended that one consume less than 1200 calories a day unless supervised by a healthcare practitioner. It is advisable to consult a healthcare practitioner prior to embarking on any weight loss regime.
- Protein has a tendency to satiate appetite, potentially making one feel satisfied longer. For those interested in weight management, it is recommended to eat a protein source first thing in a meal and carbohydrates to follow. So push away the chips and bread, and reach for a protein source first, such as ST-5 with MigraStem.
- For athletes: as protein is vital for muscle cell repair, it can be most beneficial to drink ST-5 with MigraStem after exercise. For further information on using ST-5 with MigraStem and the other Stemtech products to support an active lifestyle, go to [www.stemtech.com](http://www.stemtech.com).

## KEY SCIENTIFIC FINDINGS

1. Fucoidan ingestion increases the expression of CXCR4 on human CD34+ cells. Irhimeh MR, Fitton JH, Lowenthal RM. Exp Hematol. 2007 Jun;35(6):989-94.
2. "A New Breakthrough in Stem Cell Nutrition ST-5™ with MigraStem™"

by Christian Drapeau, July 2010  
[www.youtube.com/stemtech](http://www.youtube.com/stemtech)

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.