

## StemSport™

### SE2® + StemFlo®

Usage Suggestion:

**Pre-Exercise:** 2-3 SE2 + 2-3 StemFlo

**Immediately Post-Exercise:** 2-3 SE2 + 2-3 StemFlo + ST-5 with Migrastem\*



#### Performance Limited by Ability to:

- Rebuild
- Recover
- Renew

#### MUSCLE DAMAGE:

increased stiffness, increased swelling (may be associated with pain muscle contraction)

#### RESULT:

reduced ability to train to the fullest

**SOLUTION:** decreased muscle fiber damage, increased repair process

Greater opportunity to return to play

Impact Training »»»» Performance

## Ultimate Fuel for Renewal!