

## st5<sup>TM</sup> WITH MIGRASTEM<sup>TM</sup>



### Infuse your Tissues and Organs with Stem Cell Nutrition

#### Maintain your body's natural renewal process for optimal health and wellbeing

Adult stem cells are widely known for their ability to repair and renew tissues and organs within the body. But as we age, our natural ability to repair decreases, often making it more difficult to recover from injury and increasing exposure to the possibility of health-related issues. Because of this, stem cell nutrition is imperative for overall health and wellbeing, as it helps to maximize the use of your stem cells.\*

#### A multi-faceted dietary supplement that does what other supplements cannot

Patent-pending ST-5 with MigraStem quickly and conveniently provides the daily balanced nutrition you need to maximize the use of your own stem cells and create a “feel good” sense of vitality and stamina. Gently flavored with vanilla, ST-5 with MigraStem contains more than 30 nutrients and antioxidants; boasting a non-soy, all vegetable protein with sesame extract in a new smoother formula. The supplement is also considered an excellent source of fiber, and may act as a pre-biotic supporting intestinal health.\*

#### The power of MigraStem

The difference with ST-5 with MigraStem is, in fact, the MigraStem; a powerful proprietary blend of natural ingredients that has been documented to assist the body's natural renewal process by encouraging adult stem cells to migrate into tissues. Our formula also serves a full line of Vitamins A, B, C, D and E, along with calcium, magnesium and zinc.\*

#### The Synergy of Stemtech's Stem Cell Physiology

Working in-tandem with StemEnhance® and StemFlo®, ST-5 with MigraStem further supports the migration of adult stem cells to tissues and organs in need – helping to maintain maximum renewal efficiency; this trio of products orchestrates a greater level of stem cell nutrition and preventative care. To learn more about StemEnhance and StemFlo, visit our Product page at [www.stemtech.com](http://www.stemtech.com).

FEATURES	BENEFITS
14 grams protein per serving	Research has shown that protein increases satiation (feelings of satisfaction and fullness) which helps you stick to a healthy diet and caloric intake.
Contains protein from brown rice, pea and amaranth	Provides high quality protein, no cholesterol, and no saturated fat.
Contains MigraStem, a proprietary patent pending blend of unique nutrients.	Assists your body in optimizing its natural ability to renew, refresh and rejuvenate!
Maca	Supports a balanced sustained energy that will work WITH the body to create a feel good vitality and stamina, plus it has been shown to support a healthy libido for men and women.
6 grams of soluble fiber	6 grams of fiber with 5 grams coming from soluble fiber, both supporting intestinal health.
All-natural Multi-Vitamins and Minerals	Due to the declining nutrient content of our foods, it is vitally important to supplement. We know that nature knows best and recent research suggests that some synthetic forms of certain vitamins may be harmful to your health.
Enzyme Blend	Assists in the digestion of proteins and carbohydrates therefore aiding in bioavailability.
Natural vanilla flavor, sweetened with pure evaporated cane juice	No artificial flavors or sweeteners. Naturally and gently flavored and sweetened (each serving has about the same amount of natural sugar found in a small apple).

## INGREDIENTS / LABEL

Stemtech's patent pending ST-5™ with MigraStem™ is the ultimate source of daily nourishment. It delivers an exceptional formulation of plant-based protein, high potency vitamins and minerals, fiber, digestive enzymes, and antioxidants to promote optimal health—all in one easy, delicious scoop. ST-5 contains the exclusive MigraStem, a proprietary blend of nutritious superfoods that has been clinically documented to assist the body's natural renewal process by supporting the ability of the body's own stem cells to migrate into the tissues and organs in need.

**ST-5 con MigraStem™**, un producto de Stemtech, con patente en trámite, es la fuente máxima de nutrición diaria. Entrega una mezcla excepcional de proteína vegetal, fibra, minerales, y vitaminas de alta potencia; junto a enzimas digestivas y antioxidantes, para promover una salud óptima; todo esto en una fácil y deliciosa ración. ST-5 contiene nuestra exclusiva MigraStem, una fórmula de nutritivos super alimentos, que ha sido clínicamente documentada como capaz de apoyar la habilidad de las células madre de migrar a los tejidos y órganos en necesidad, promoviendo el proceso de renovación del cuerpo humano.

**WARNING:** As with all dietary supplements, it is recommended that you consult your physician if you are pregnant, nursing, under treatment for any illness or taking anticoagulants, or other medication. Keep out of reach of children and pets. Do not use if safety seal is broken. Use as a dietary supplement only. Not for weight reduction.

**ADVERTENCIA:** Como cualquier suplemento dietario se recomienda que consulte a su médico si está embarazada, lactando, está recibiendo tratamiento para alguna enfermedad médica o está tomando medicamentos. Mantener fuera del alcance de niños y mascotas. No lo utilice si el sello está roto. Solo como suplemento dietario y no se debe usar para controlar su peso.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. These qualifications no han sido evaluadas por la Agencia de Alimentos y Medicamentos de Estados Unidos. Este producto no pretende diagnosticar, curar, curar o prevenir enfermedad alguna.

WITH MIGRASTEM™  
**ST-5™**

## Nutritional Shake Natural Flavor

**Batido Nutricional  
Sabor Natural**

**Delivers Vital Nutrients to Every Cell  
of the Body!**

**Entrega Nutrientes Vitales a Cada Celula de tu Cuerpo!**

**Gluten Free  
Sin Gluten**



**DIETARY SUPPLEMENT / Net Wt. 26.5 oz (750 g)  
SUPLEMENTO DIETARIO / Pese Neto 26.5 oz (750 g)**

Suggested Usage: 1 Scoop daily.  
Mix 1 scoop of ST-5 with MigraStem™ with 8 oz. of water or another healthy beverage. Best when consumed within 15 minutes after waking.  
Método de Empleo: 1 Scoop al día.  
Mezcla una cucharada mediana de ST-5 con MigraStem™ en agua u otro bebida saludable. Se recomienda consumirlo en los primeros 15 minutos de haber despertado.

### Supplement Facts

	% Daily Value*	% Daily Value**
<b>Total Protein</b>	100%	9%
<b>Total Fat</b>	10%	2%
<b>Total Sugar</b>	5%	10%
<b>Total Fiber</b>	5%	20%
<b>Total Omega-3</b>	10%	20%
<b>Total Omega-6</b>	10%	20%
<b>Total Omega-9</b>	10%	20%
<b>Total Omega-11</b>	10%	20%
<b>Total Omega-12</b>	10%	20%
<b>Total Omega-13</b>	10%	20%
<b>Total Omega-14</b>	10%	20%
<b>Total Omega-15</b>	10%	20%
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<b>Total Omega-97</b>	10%	20%
<b>Total Omega-98</b>	10%	20%
<b>Total Omega-99</b>	10%	20%
<b>Total Omega-100</b>	10%	20%

Each Scoop (16.5g) Contains: 10g Protein, 1.5g Fiber, 1g Sugar, 1g Fat, 1g Omega-3, 1g Omega-6, 1g Omega-9, 1g Omega-11, 1g Omega-12, 1g Omega-13, 1g Omega-14, 1g Omega-15, 1g Omega-16, 1g Omega-17, 1g Omega-18, 1g Omega-19, 1g Omega-20, 1g Omega-21, 1g Omega-22, 1g Omega-23, 1g Omega-24, 1g Omega-25, 1g Omega-26, 1g Omega-27, 1g Omega-28, 1g Omega-29, 1g Omega-30, 1g Omega-31, 1g Omega-32, 1g Omega-33, 1g Omega-34, 1g Omega-35, 1g Omega-36, 1g Omega-37, 1g Omega-38, 1g Omega-39, 1g Omega-40, 1g Omega-41, 1g Omega-42, 1g Omega-43, 1g Omega-44, 1g Omega-45, 1g Omega-46, 1g Omega-47, 1g Omega-48, 1g Omega-49, 1g Omega-50, 1g Omega-51, 1g Omega-52, 1g Omega-53, 1g Omega-54, 1g Omega-55, 1g Omega-56, 1g Omega-57, 1g Omega-58, 1g Omega-59, 1g Omega-60, 1g Omega-61, 1g Omega-62, 1g Omega-63, 1g Omega-64, 1g Omega-65, 1g Omega-66, 1g Omega-67, 1g Omega-68, 1g Omega-69, 1g Omega-70, 1g Omega-71, 1g Omega-72, 1g Omega-73, 1g Omega-74, 1g Omega-75, 1g Omega-76, 1g Omega-77, 1g Omega-78, 1g Omega-79, 1g Omega-80, 1g Omega-81, 1g Omega-82, 1g Omega-83, 1g Omega-84, 1g Omega-85, 1g Omega-86, 1g Omega-87, 1g Omega-88, 1g Omega-89, 1g Omega-90, 1g Omega-91, 1g Omega-92, 1g Omega-93, 1g Omega-94, 1g Omega-95, 1g Omega-96, 1g Omega-97, 1g Omega-98, 1g Omega-99, 1g Omega-100.

## USAGE:

Mix 1 Scoop of ST-5 with MigraStem with 6 - 8oz. of water or other healthy beverages. Blend with ice for a smoother, thicker consistency. For recipes and mixing suggestions go to [www.stemtechbiz.com](http://www.stemtechbiz.com).

## MORE INFORMATION:

View our product brochures and visit our website at [www.stemtech.com](http://www.stemtech.com). Tune into weekly conference calls Tuesdays 6 p.m. and 7 p.m. Pacific 760.569.7676 (code: 154191#)

## FAQ'S

### Can I use ST-5 with MigraStem™ with StemEnhance®, StemFlo® and StemSport™?

Yes, to obtain the maximum benefit, we suggest that StemFlo be taken one hour before or one to two hours after you take ST-5 with MigraStem due to the protein in the mix. However, as ST-5 with MigraStem is a liquid, it does pass through the stomach into the intestine quickly, having little effect on the enzyme function in StemFlo.

### How do I use ST-5 with MigraStem?

Mix it in any fluid of choice. Blend with ice or frozen fruit. See [www.stemtechbiz.com](http://www.stemtechbiz.com), under Products for recipe ideas.

### Can I make ST-5 with MigraStem into a hot drink?

You can make a warm beverage. The point is to not mix your ST-5 with MigraStem into boiling liquid. Boiling liquid will destroy some of the nutrients. Simply heat your fluid and mix in ST-5 with MigraStem. If the fluid does boil, let it cool before mixing in the product.

For a comprehensive list of FAQs, go to: [http://www.stemtech.com/FAQ\\_sub.aspx](http://www.stemtech.com/FAQ_sub.aspx)

## POTENTIAL USERS

- Everyone! No matter your age or activity level you can benefit from ST-5 with MigraStem
- For people who want an all-natural vitamin mineral supplement without having the cost of another supplement
- For anybody looking to even further optimize their daily renewal system
- For all who want to supplement their protein source with a high quality low fat and NO cholesterol protein
- For all those desiring to assist in maintaining healthy body fat, muscle mass, and strength
- For athletes who will want to make it a part of their daily supplement regime as it provides complete high-quality absorbable protein and valuable essential nutrients

## FOR YOUR INFORMATION

- Gluten free with no artificial coloring, artificial flavors, artificial sweeteners, yeast or preservatives.
- ST-5 with MigraStem contains high quality non soy all vegetable protein blend that provides all nine of the essential amino acids; the supplement contains no cholesterol and is highly digestible and absorbable.
- Store in a cool dry location.
- If pregnant or nursing, consult with your health care provider.
- If one desires to consume the product in a weight loss program, then use the product responsibly. It is not recommended that one consume less than 1200 calories a day unless supervised by a health practitioner. It is advisable to consult a health care practitioner prior to embarking on any weight loss regime.
- Protein has a tendency to satiate appetite, meaning make one satisfied longer. For those interested in weight management, it is recommended to eat a protein source first thing in a meal, and carbohydrates after. So push away the chips and bread, and reach for a protein source first, such as ST-5 with MigraStem.
- For athletes: as protein is vital for muscle cell repair, it can be most beneficial to drink ST-5 with MigraStem after exercise. For further information on using ST-5 with MigraStem and the other Stemtech products to support an active lifestyle, go to [www.stemsport.com](http://www.stemsport.com).

## RESEARCH / REPORTS / ARTICLES

1. Fucoidan ingestion increases the expression of CXCR4 on human CD34+ cells. Irhimeh MR, Fitton JH, Lowenthal RM. Exp Hematol. 2007 Jun;35(6):989-994.
2. "A New Breakthrough in Stem Cell Nutrition ST-5 with MigraStem™" by Christian Drapeau, July 2010 [www.youtube.com/stemtech](http://www.youtube.com/stemtech)