

## **Product Facts Sheet**



## Invite Nature to be a part of your daily lifestyle

Stemtech has found a cutting-edge way to support your lifestyle. Our unmatched formula, inspired by the latest innovation in science, helps maintain well-being naturally.

ST-5™ with MigraStem™ makes a distinctive difference in the supplement world! ST-5™ is a nutritional supplement to be blended as a beverage that supports the smooth migration of your inner potential where it is needed.



Patent-pending ST-5™ with MigraStem™ quickly and conveniently provides the daily balanced nutrition you need. ST-5™ with MigraStem™ is made of more than 30 natural ingredients, vitamins and minerals; boasting a non-soy protein mix in a new gently vanilla flavoured formula.

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FEATURES	BENEFITS
14 grams protein per serving	Research has shown that protein increases satiation (feelings of satisfaction and fullness) which helps you stick to a healthy diet and caloric intake.
Contains protein from brown rice, pea and amaranth	Provides high quality protein, no cholesterol, and no saturated fat.
Contains MigraStem™	It is a proprietary patent pending blend of unique nutrients.
Maca	Maca (Lepidium meyenii), also known as Peruvian Ginseng has been used in Peru for over 2000 years. Maca's ability to provide energy is fuelling its increasing demand on the marketplace, making it a very valuable ingredient in ST-5™.
6 grams of fiber	6 grams of fiber with 5 grams coming from soluble fiber.
All-natural Multi-Vitamins and Minerals	Due to the declining nutrient content of our foods, it is vitally important to supplement, therefore ST-5™ is a beneficial addition to a varied and balanced diet, which is an important part of a healthy lifestyle.
Enzyme Blend	Assists in the digestion of proteins and carbohydrates.
Natural vanilla flavor, sweetened with pure evaporated cane juice	No artificial flavors or sweeteners. Naturally and gently flavored and sweetened (each serving has about the same amount of natural sugar found in a small apple).

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### **INGREDIENTS / LABEL**



#### **USAGE:**

Mix one spoonful (50g) in a glass of water (240ml) once a day.

### MORE INFORMATION:

Visit our website at www.stemtech.com

## FAQ'S

# Can I use ST-5™ with MigraStem™ with SE2®, and StemFlo®?

Yes, it is best to take StemFlo® well before or after meals; however it is ok to take ST-5™ with MigraStem™ with StemFlo® and SE2® as ST-5™ does pass through the stomach into the intestine quickly, and therefore has little effect on the enzyme function in StemFlo®.

#### How do I use ST-5™ with MigraStem™?

Mix it in any fluid of your choice. Blend with ice or frozen fruit. See www.stemtech.com, under Products, ST-5™ with MigraStem™ for recipe ideas.

### Can I make ST-5™ with MigraStem™ into a hot drink?

You can make a warm beverage. The point is to not mix your ST-5™ with MigraStem™ into boiling liquid. Boiling liquid will destroy some of the nutrients. Simply heat your fluid and mix in ST-5™ with MigraStem™. If the fluid does boil, let it cool before mixing in the product.

For further FAQs, visit stemtech.com.

## FOR YOUR INFORMATION

Gluten free with no artificial coloring, artificial flavors, artificial sweeteners, yeast or preservatives. Store in a cool dry location.

ST-5™ with MigraStem™ contains high quality non soy all vegetable protein blend that provides all nine of the essential amino acids; the supplement contains no cholesterol and is highly digestible and absorbable.

ST-5<sup>™</sup> with MigraStem<sup>™</sup> is a nutritional beverage. It is not a meal replacement. If one desires to consume the product in a weight loss programme, then use the product responsibly. It is not recommended that one consume less than 1200 calories a day unless supervised by a health practitioner. It is advisable to consult a health care practitioner prior to embarking on any weight loss regime. If one consumes ST-5<sup>™</sup> with MigraStem<sup>™</sup> with meals, the calorie intake will be bigger if compared with the meal alone.

Protein has a tendency to satiate appetite, meaning make one satisfied longer. For those interested in weight management, it is recommended to eat a protein source first thing in a meal, and carbohydrates after. So push away the chips and bread, and reach for ST-5™ with MigraStem™ first!

**Label statement:** Consult your physician if pregnant or nursing. (Many products carry such warnings out of an abundance of caution rather than any known pregnancy risk.

We know of no evidence that consuming ST-5<sup>™</sup> during pregnancy creates a health risk).

This product is not intended to diagnose, treat, cure, or prevent any disease.

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