

## FREQUENTLY ASKED QUESTIONS (FAQs)

### **Are ingredients in Migrastem different from those of ST-5?**

The protein and enzyme blend and colostrum that were in ST-5 are not included in MigraStem. Their removal makes MigraStem a cutting edge formulation that specifically targets novel stem cell nutrition and cellular nutrition aspects. This exclusive nutritional product — for which a patent is pending — is superior to ST5. Unlike ST5, the nutrient combination in MigraStem also provides powerful anti-aging, immune system and antioxidant support, and invigorates healthy metabolism. Another difference is that MigraStem comes in capsules rather than in powder form.

### **Will it help with weight loss?**

MigraStem is not a weight loss product but a cutting edge natural formulation that contains high quality and pure extracts from superfoods and is packed with vitamins C and D3. This nutrient combination enhances healthy metabolism, detoxification, the antioxidant and other processes that aid in healthy weight management.

### **Does this supplement in capsules form have the same potency as powder?**

Supplements in capsules can be as potent and effective as powders, or even more. MigraStem in capsule form contains a specific blend of highly potent nutrients. Moreover, nutrients in capsules are protected by a shell from direct exposure to humidity, light and potential oxidation.

### **Does MigraStem still provide 100% of the daily value of key vitamins and nutrients for the body?**

MigraStem provides a broad spectrum of powerful vitamins, minerals, amino acids, phytonutrients, fiber, proteins, complex carbohydrates and other nutrients that are required for optimal health and healthy longevity.

### **How do I take these capsules?**

Capsules can be taken after a meal for better absorption and assimilation. Intake on an empty stomach is not required.

### **Will MigraStem be FDA approved or under GMP Standard?**

MigraStem has been manufactured according to the highest GMP standards. It is a dietary supplement, not a medication or prescription drug. Dietary supplements are considered foods, and are subject to much less regulatory supervision than medication. The FDA does not have to approve dietary supplements sold in the United States, but the facilities and manufacturing processes are consistently and closely monitored and inspected by the authorities.

### **Will colostrum be removed from MigraStem?**

Colostrum is not present in MigraStem capsules.

### **How do I use MigraStem™?**

We recommend you take 2 capsules daily at the time of your convenience after a meal.

### **Who should use MigraStem?**

Everyone who is concerned about vitality, healthy longevity, and well-being! However, if you are under treatment for any illness or taking medication, you should consult your doctor.

### **Can I use MigraStem, StemRelease3, and StemFlo at the same time?**

If you are not under any medical treatment or taking medication, you can use the combination of these products. They are considered foods. Release, circulation, and migration are your stem cells' main functions. These Stemtech products help nourish your cells and support their healthy bioactivity.

### **Can I use MigraStem if I am pregnant?**

As with all dietary supplements, it is recommended that you consult your physician if you are pregnant.

### **Does MigraStem contain gluten or genetically modified organisms?**

Not at all. As with all Stemtech products, MigraStem has a composition of only natural and organic ingredients and is free of gluten, GMO, heavy metals, additives, colorants, and preservatives.