

# stemrelease<sub>3</sub>

### FREQUENTLY ASKED QUESTIONS (FAQS)

#### 1. Do Stemtech products contain stem cells?

Our products do not contain stem cells of any kind and are not associated with any stem cell therapy.

#### 2. What do Stemtech products do?

Stemtech's products provide unique natural and nutritional support for your body's stem cells physiology and healthy activity, and help improve cellular rejuvenation. Stemtech products also support anti-aging processes and help increase vitality.

#### 3. What is the benefit of taking stemrelease3<sup>™</sup>?

Stemrelease3 is a natural nutritional formula that performs in two ways. First, it supports the natural release of your body's own stem cells from the bone marrow into circulation and naturally enhances the renewal and regeneration processes in your body. Second, stemrelease3 helps maintain healthy longevity through supporting telomere health.<sup>+</sup>

#### 4. What ingredients make up stemrelease3<sup>™</sup>?

Our exclusive blend contains five powerful and natural ingredients. Undaria pinnatifida (fucoidan) and Aloe macroclada are the primary drivers in supporting the immune system function, anti-oxidant processes, and natural release of your body's own stem cells.<sup>†</sup>

Undaria pinnatifida (Fucoidan) is a marine alga from pristine ocean environments that has been scientifically documented to support a long-lasting increase in the number of your own circulating stem cells.<sup>†</sup> It's also well known for enhancing the immune system function. Undaria pinnatifida has been consumed in Japan and other Asian countries for hundreds of years and is considered a "longevity factor."

Aloe macroclada is traditionally considered by the people of Madagascar as a factor of rejuvenation and longevity. It offers a broad spectrum of health benefits including the support in increasing the number of circulating healthy stem cells.<sup>+</sup>

#### 5. Are there other ingredients in stemrelease3?

Stemrelease3 also contains three other powerful and health enhancing and anti-aging compounds: Astragalus membranaceous, Curcuma longa (turmeric) and Cordyceps sinensis. Stemrelease3 has been enriched with wheat grass that is a source of chlorophyll and several health boosting vitamins, minerals and amino acids. Wheat grass makes great addition to the active compounds present in stemrelease3.

Astragalus membranaceous – It has been known in traditional Chinese medicine for thousands of years and is consider to be one of the most powerful immune boosting compounds. It also plays an important role in supporting telomere health.<sup>†</sup>

Curcuma longa (Turmeric) – Indian spice has been known to provide many powerful anti-aging and stem cell supporting benefits.<sup>†</sup>

*Cordyceps sinensis* – It has been used in traditional Chinese medicine for over 2,000 years and is associated with stamina, longevity and a wide variety of health benefits, especially the immune system and stem cell release support.<sup>†</sup>

#### 6. What are telomeres?

Telomeres are the protective caps at the end of the chromosomes in each of your cells. They get shorter as we age, so maintaining their health is vital to our health and well-being.<sup>†</sup>

#### 7. What is the recommended usage for StemRelease3?

One serving of stemrelease3 consists of 2 veggie capsules. Recommended use for adults 20+ is to take 1-3 servings daily.

#### 8. What is the optimum way to take stemrelease3?

Stemrelease3 can be taken any time of day with food.



FAQs

# stemrelease3

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#### 9. Is stemrelease3 approved by the US Food and Drug Administration (FDA)?

Stemrelease3 is considered food or a dietary supplement, not a drug, and it's not intended to treat or cure illnesses or diseases. Its benefits have therefore not been evaluated by the US Food and Drug Administration (FDA). However, the FDA does regulate and strictly monitor the labeling and safety of the dietary supplements, such as stemrelease3. Stemrelease3 is manufactured in a licensed, FDA-inspected facility and in accordance with Good Manufacturing Practices and high standards.

10. Why does the stemrelease3 label state "consult your physician if you are pregnant or nursing"? What if I get pregnant while I am taking stemrelease3?

Many dietary products carry such warnings out of caution. As with all dietary supplements, it is recommended that you consult your physician if you are pregnant.

#### 11. Can stemrelease3 be taken with other Stemtech stem cell nutrition products?

If you are not under any medical treatment or take medication, you can use the combination of Stemtech products. They are considered foods. Release, circulation, and migration are your stem cells' main functions. Stemtech's natural products help nourish your cells and support their healthy bioactivity that may lead to improved well-being and a healthy longevity.

## 12. Why does the label say that people taking anticoagulants should consult their physician prior to taking stemrelease3, and what information does their physician need?

People taking anticoagulants advised by their prescribing physician need to pay attention to the amount of vitamin K in their diet. Like many green foods, stemrelease3 contains naturally occurring vitamin K at low dose and that is in compliance with the RDA. The US Recommended Daily Allowance (RDA) of vitamin K is 80 mcgs. For further reference, half a cup of raw chopped broccoli has roughly 100 mcg of vitamin K and half a cup of boiled spinach has about 540 mcg of vitamin K. If you take anticoagulants, your doctor may advise you to pay attention to consuming these greens as well.

#### 13. Can stemrelease3 be taken with medications?

As with all dietary supplements, if you are under treatment for any illness or taking medication, you should consult your doctor.

#### 14. Is stemrelease3 vegan?

Stemrelease3 contains no animal ingredients and is considered vegan. Stemtech utilizes pure and high quality ingredients. As with all Stemtech products, stemrelease3 has a composition of organic ingredients and is free of gluten, GMO, heavy metals, additives, colorants, and preservatives.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.